



## Use of Changing Rooms and Showering Facilities Policy

Rustlings Lawn Tennis Club strives to ensure that all children (anyone under 18) and adults at risk are safeguarded from abuse and have an enjoyable tennis experience.

Members are requested to observe the following guidance for the acceptable use of the changing rooms.

1. Changing facilities are available at Rustlings, though members may find it more practical to arrive already changed and ready for play, and return home to change/shower afterwards.
2. Groups of children will have sole use of changing rooms. This reduces any risks and potential vulnerability associated with mixing adults and children when changing and showering.
3. If adults and children need to share our changing rooms, they will do so at different times.
4. Where a child is too young to use the facilities by themselves, they must be accompanied by a parent or carer.
5. Under no circumstances will adult staff, coaches or volunteers change or shower at the same time as children using the changing rooms.
6. Mixed gender groups of children will have access to separate changing rooms.
7. If we are made aware that a child or adult self-identifies as a gender that differs from the gender they were assigned at birth, we will work with them and their parents/carers (where it relates to a child) to make reasonable adjustments to changing arrangements to suit their needs
8. Mobile phones and other electronic devices must not be used in the changing rooms.
9. For younger groups of children, a DBS checked member of staff or volunteer will wait outside the changing rooms to allow children to call for assistance if required.
10. Players should ensure the changing facilities are unoccupied and securely locked if they are the last to leave the club.